BURLINGTON SKATING CENTRE SPRING PROGRAM APR 2, 2019 - MAY 25, 2019								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 4	APPLEBY 4			
ICE TICKET	ICE TICKET	ICE TICKET	ICE TICKET	STARCOMP/COMP GRP 7:00 - 7:30 ICE TICKET	PRE-STAR ACADEMY 9:00 - 9:40			
7:00 - 10:00 am	7:00 - 10:00 am	7:00 - 10:00 am	7:00 - 10:00 am	7:30 - 10:00 am	PRESCHOOL			
2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	2:30 - 3:30 pm	9:10 - 9:40			
<b>STARCOMP/COMP</b> 3:30 - 4:30	STARCOMP/COMP 3:30 - 4:30	<b>STARCOMP/COMP</b> 3:30 - 4:30	<b>STARCOMP/COMP</b> 3:30 - 4:30	<b>STARCOMP/COMP</b> 3:30 - 4:30	PRE-CANSKATE 9:50 - 10:35			
4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	4:30 - 4:40 Flood	CANSKATE (Stage 1 - 5)			
STARCOMP/COMP GRP	STAR 6 to 10	STAR 6 to 10	STAR 4/5	STAR 4 to 10	10:45 - 11:35			
4:40 - 5:25	4:40 - 4:55 Sk/turn/edge 4:55 - 5:10 Da	4:40 - 5:40 Jumps/Spins	4:40 - 4:55 Sk/turn/edge 4:55 - 5:10 Da	4:40 - 5:40 Open	11:35 - 11:45 Flood			
5:25 - 5:35 Flood	5:10 - 6:00 Fs	5:40 - 5:50 Flood	5:10 - 5:55 Fs	5:40 - 5:50 Flood				
					STAR 4 to10			
<b>STAR 2/3</b> 5:35 - 5:45 Sk	6:05 - 6:15 Flood	CANSKATE (Stage 1 - 5)	<b>STAR 2/3</b> 5:55 - 6:05 Sk	PRE-CANSKATE 5:50 - 6:20	Creative Edgework 11:45 - 12:15			
5:45 - 5:55 Da 5:55 - 6:05 Str	STAR 1 ACADEMY 6:15 - 6:45	6:00 - 6:50	6:05 - 6:15 Da 6:15 - 6:25 Flood	CANSKATE	STAR 4 to 10			
6:05 - 6:50 Fs	PRESCHOOL	STAR 1 6:50 - 7:50	6:25 - 6:35 Str 6:35 - 7:20 Fs	(Stage 1 - 5 ) 6:30 - 7:20	12:15 - 1:05			
STAR 1 6:50 - 7:50	6:30 - 7:00	STAR 2/3 6:50 - 7:00 Sk	7:20 - 7:30 Flood	7:20 - 7:30 Flood	1:05 - 1:15 Flood			
	PRE-STAR ACADEMY	7:00 - 7:10 Da			STAR 1			
STAR 4 to 10 7:50 - 8:05 Sk/turn/edge 8:05 - 8:20 Da	6:45 - 7:15 STAR 4/5	7:10 - 7:20 Str 7:20 - 8:05 Fs	<b>STAR 6 to 10</b> 7:30 - 8:30 Open	<b>ADULT</b> 7:30 - 8:30	1:15 - 2:15 <b>STAR 2/3</b> 1:15 - 1:25 Sk			
8:20 - 8:30 Flood	7:15 - 7:25 Sk/turn/edge	8:05 - 8:15 Flood			1:25 - 1:35 Da			
8:30 - 9:30 Fs	7:25 - 7:35 Da 7:35 - 8:30 Fs	STAR 4 to 10			1:35 - 1:45 Str 1:45 - 2:30 Fs			
		8:15 - 8:25 Sk/turn/edge 8:25 - 8:35 Da 8:35 - 9:30 Fs						
	Dance = Da	Freeskate = Fs	Stroking = Str	Spins = Sp				

STAR 1

Must have passed CanSkate Stage 5 or 6
Must have completed STAR 1 Freeskate and Technical Director assessment.

STAR 1/3 STAR 4/5

STAR 6

Must have competed of TAR 3 Freeskate.

Must have passed STAR 3 Freeskate.

Must have passed STAR 5 Freeskate test or have a consistent Axel.

Must have passed Sr. Bronze FreeSkate to ro complete Sr. Silver Dances or Sr. Silver Skills

Must be planning to compete at STAR 8 or higher in 2018-19

Must be competing at Pre-Novice or higher STAR 0 STAR 7 to 10 STAR COMPETITIVE COMPETITIVE

revised: February 5, 2019

BURLINGTON SKATING CENTRE SPRING PROGRAM (Off-ice) APR 2, 2019 - MAY 25, 2019								
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM	COMMUNITY ROOM			
	STARCOMP/COMP	STARCOMP/COMP	STARCOMP/COMP		PRE-STAR ACADEMY			
	4:35 - 5:30	4:35 - 5:30	4:35 - 5:30		8:30 - 8:50			
STAR 2/3	STAR 4/5	STAR 1, 2, 3	STAR 2/3		STAR 1, 2, 3			
5:00 - 5:30	STAR 6 TO 10 (OPTIONAL)	6:10 - 6:40	5:15 - 5:45		12:35 - 1:05			
STAR 1	6:10 - 7:00		STAR 4/5					
6:15 - 6:45	PRE-STAR ACADEMY		STAR 6 TO 10 (OPTIONAL)					
	6:15 - 6:35		6:10 - 7:00					
	STAR 1 ACADEMY							
	6:55 - 7:15							

All STAR 1 sessions include Off-Ice.

All STAR 2/3 sessions include Off-Ice.

PRE-STAR ACADEMY and STAR 1 ACADEMY include Off-Ice. These sessions will be held in the Fitness Room (Room #24).

Tuesday and Thursday **STAR 4/5** sessions include Off-Ice. These sessions are optional for **STAR 6** to 10. Tuesday, Wednesday and Thursday **STARCOMP/COMP** sessions include Off-Ice.